

*Many educators in recent years have strengthened their calls for programs that foster the **social, emotional and ethical** development of our students.*

Sustainable Compassionate Education offers a response.



Sustainable Compassionate Education: Summer Workshop for Educators

July 11 - 14, 2016

Smith College Campus School | 33 Prospect Street | Northampton, MA 01063

Tuition \$550; Scholarships Available

In order for children to feel seen and cared for, educators must learn to experience themselves as objects of care. At the Summer Workshop for Educators, participants will be given a foundational introduction to the Sustainable Compassionate Education approach. Educators will be grounded in the current scientific research from the field of neuroscience, psychology, contemplative studies and systems theory. Participants will learn:

- Methods for avoiding burnout and empathy fatigue
- Methods to cultivate attention, empathy, mindfulness and compassion
- Methods to build and sustain caring, trusting communities
- The scientific theory and practices of the three modes of care – Receiving Care, Self-Care and Extending Care
- Strategies and practices to help build resilience and increase relational trust.

WORKSHOP FACULTY

Faculty were all co-developers of the Call to Care program at the Mind and Life Institute

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